

ESSENTIALS FOR A FIRST AID KIT

SR#	QTY	ESSENTIALS
01	6	Antiseptic cleansing pads/liquid antiseptic soap
02	1	First aid burn cream or ointment
03	1	Antibiotic ointment
04	2	Alcohol towelettes (travel pack)
05	4	Band-Aid blister skin care
06	8	Sterile gauze pads
07	1	Adhesive tape
08	1	Gauze roll bandages
09	1	Elastic / crepe bandage
10	6	Insect sting relief pads
11	1	Triangular sling/ bandage
12	2	Sterile eye pads
13	4ozs	Eye wash / clean water
14	1	Instant cold compress
15	8	Band-Aids
16	1	Tweezers
17	4	Safety pins
18	2	Pairs gloves
19	2	Razor blades
20	1	Small mirror
21	2	Single pack panadols/advil
22	1	Pack aspirins
23	1	Small scissors
24	1	First aid guide / manual to clearly explain how to handle basic problems.

** All items should be place in a waterproof bag, box or container.*